

# Public Health Nursing

Maine Center for Disease Control and Prevention

Maine Department of Health and Human Services

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## Augusta

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## Bangor

207-561-4100/800-432-7825

## Bath

207-443-2772/800-432-7802

## Calais

207-454-9000/800-622-1400

## Caribou

207-493-4000/800-432-7366

## Ellsworth

207-667-1600/800-432-7823

## Fort Kent

207-834-7700/800-432-7340

## Houlton

207-532-5000/800-432-7338

## Lewiston

207-795-4448/800-482-7517

## Machias

207-255-2000/800-432-7846

## Portland

207-822-2000/800-482-7520

## Rockland

207-596-4238/800-432-7802

## Sanford

207-490-5400/800-482-0790

## Skowhegan

207-474-4808/800-452-4602



Maine Center for Disease  
Control and Prevention

An Office of the  
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Public Health Nurses (PHNs) are professional registered nurses serving Maine's communities and assisting families and communities in:

- ❑ Preventing and controlling communicable disease outbreaks through screening, immunizations, health education, epidemiologic investigations and assistance with obtaining medical care;
- ❑ Helping children with special health needs maintain their highest level of functioning;
- ❑ Obtaining services from specialty clinics and care for the sick;
- ❑ Supporting families in stress.

PHNs perform services related to health assessment, health education/teaching, health counseling, health promotion and disease prevention.

Priority Populations: Anyone in the State is eligible for services, at no charge to individuals.

## Priority Activities:

- ❑ *Maternal and Child Health* - Home visits to pregnant and parenting families to provide health assessment, health education and promotion, and referrals to related services such as WIC. Includes parenting education to prevent child abuse and neglect, as well as identification and referral to Child Protective Services.
- ❑ *Newborns and High Risks Infants* - Home visits to newborns and their family to provide health assessment, health education and promotion and referrals to other services as needed.
- ❑ *Childhood Death* - Home visits to families that have lost a child for bereavement counseling, education, and referrals for support services.
- ❑ *School Health* - Provides school based health services to small rural schools
- ❑ *Children with Special Health Needs* - Home visits to children with special health needs to provide health assessment, health education, health promotion, case management, and referrals to health, rehabilitative, education and social services; in specialty clinics such as Cleft Palate Clinic, and Metabolic Clinic to act as liaison between family and health providers.
- ❑ *Communicable Disease Prevention and Control* - Provides screening, case finding, contact investigations and follow-up for communicable diseases (i.e. Tuberculosis); participates in Tuberculosis Clinics to act as liaison between family and health care providers; provides health assessment and education, health promotion, and referrals for refugees and migrants.

## Funding Source:

Funding is provided through Title V Maternal and Child Health Block Grant and State General Funds. (32% Federal funds, 68% General Fund)

Budget: \$5,584,557(FY 07)

Staff Count: 69

Public Health Nursing contracts in designated areas of the State with Community Health Nursing Agencies to provide services focusing upon women, infants and children with identified health needs and children with special health needs.